

Herniated Disc?



Avoid Surgery with the DTS Spinal Decompression System

WELCOME!

You've probably seen the newspaper ads that "hype" Spinal Decompression Therapy telling you to call some unknown doctor's office in order to receive a free report in the mail. We do not believe anyone should have to do that!



Dr. Micahel C. McClung

Our website will give you the complete facts about Spinal Decompression Therapy including clinical trials that support its effectiveness.

And we will also tell you the approximate treatment cost.

We do that so you will be better able to make an informed decision about what you should do for your condition and because our fees are a fraction of what some other clinics charge.

If you need any additional information, please call our office at **(512) 250-BACK (2225)** and ask to speak to Dr. McClung. That's right, he will talk to you personally in order to help you make the right decision.

THANKS FOR VISITING!

FREQUENTLY ASKED QUESTIONS

What is Spinal Decompression Therapy?

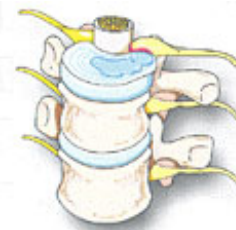
DTS ADVANTAGES

- ☒ Extremely Safe
- ☒ Likely Effective
- ☒ FDA Cleared
- ☒ Non-Surgical
- ☒ Affordable Cost

Spinal decompression therapy is FDA cleared and has a high success rate for pain associated with herniated or bulging discs...even after failed surgery. It is a non-surgical, traction based therapy for the relief of back and leg pain or neck and arm pain. During this procedure, by cycling through distraction and relaxation phases and by proper positioning, a spinal disc can be isolated and placed under negative pressure, causing a vacuum effect within it.

How does this negative pressure affect an injured disc?

During spinal decompression therapy, a negative pressure is created within the disc. Because of that negative pressure, disc material that has protruded or herniated can be pulled back within the normal confines of the disc, and permit healing to occur.



What system is used for this purpose?

After a significant amount of research, our office chose the Triton® DTS system manufactured by the Chattanooga Group, the premier manufacturer of physical medicine equipment. More importantly, we have the brand new 2006 computerized head which is the most sophisticated and technologically advanced unit in the world. No office - and we do mean NO OFFICE - has more "state of the art" spinal decompression systems.

In fact, the new 2006 Triton® head is so revolutionary that it won the 2006 Australian Design Award in the "Medical and Scientific" category. We also selected the Triton® DTS systems due to their ability to treat discs in both the neck and the low back.



How is Spinal Decompression Therapy different from regular traction?

The award winning Triton® computer is the key. It controls the variations in the traction pull allowing for spinal decompression and eliminating muscle guarding that is typical in conventional traction devices. The preprogrammed patterns for ramping up and down the amount of axial distraction allows for higher levels of spinal decompression and disc rehydration.



Who can benefit from Spinal Decompression Therapy?

EFFECTIVE FOR

- ☒ Ruptured Discs
- ☒ Spinal Stenosis
- ☒ Sciatica

Anyone who has back pain or neck pain caused in whole or in part by a damaged disc may be helped by spinal decompression therapy. These conditions include herniated,

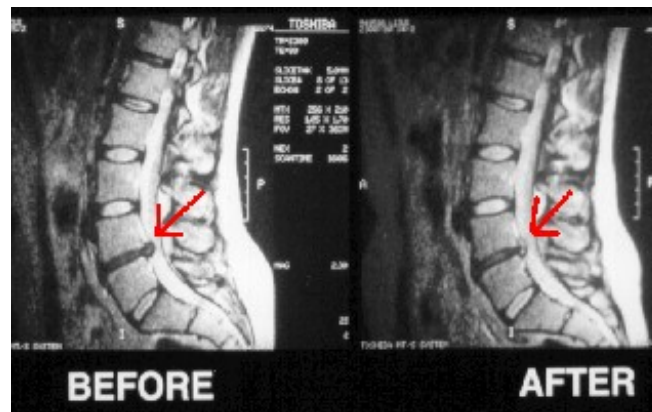
- ☑ Sciatica
- ☑ Facet Syndrome
- ☑ Failed Surgery

protruding or bulging discs, spinal stenosis, sciatica or radiculopathy (pinched nerves).

Are there medical studies that document the effectiveness of Spinal Decompression Therapy?

Yes! One study documented by MRI up to 90% reduction of disc herniations in 10 of 14 cases and other studies reported that the majority of ruptured disc patients achieved "good" to "excellent" results after spinal decompression therapy.

[Click here](#) if you would like to review the studies yourself.



Are there conditions where Spinal Decompression Therapy is not indicated?



Spinal decompression therapy is not recommended for pregnant women, patients who have severe osteoporosis, severe obesity or severe nerve damage.

Spinal surgery with instrumentation (screws, metal plates or "cages") is also contraindicated. However, spinal decompression therapy after bone fusion or non-fusion surgery, can be performed.

Are the sessions painful, how many will be needed and what is the cost?

In almost all cases, the treatments are completely painless. In fact, some patients fall asleep during the spinal decompression session.

The number of sessions needed and your specific treatment plan will be determined by the doctor after your examination.

Our customary fee for each spinal decompression session is only \$75 which means the total cost will be a small fraction of the \$5,000+ amounts that some other doctors are charging.



If your insurance company covers spinal decompression therapy, reimbursement varies but your out-of-pocket expense for all needed services could be as little as your co-payment.

We also offer CareCredit that will allow you to finance the entire cost and make 6 monthly payments with no interest. Or if you need more time, you can set up repayment for up to 60 months. To apply for financing online and get instant approval in advance, just go to CareCredit.com.

CareCredit®

Do most patients receive therapy and rehabilitative exercises in addition to Spinal Decompression Therapy?



To reduce inflammation and assist the healing process, supporting structures are treated with passive therapies (ice/heat/muscle stimulation), chiropractic adjustments (as indicated) and/or active rehabilitation in order to strengthen the spinal musculature.

How do I get started?

We want to make it easy for you to learn if you are a candidate for spinal decompression therapy. Just call our office to arrange a consultation with one of our doctors.

Please remember to bring any MRI reports so the doctor can review them and best advise you about your treatment options.



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To Schedule a Consultation, Call

(512) 250-BACK (2225)



[EMAIL US](#)

Creating Wellness Chiropractic

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**If Our Office is Too Far From You, then [Click Here](#) to
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